

# JANUARY

## Elementary Menu

Fresh Fruit & Vegetable Bar Served Daily!

# ANNOUNCEMENTS

### Did you know?

New Year's Day traditions vary from culture to culture, but many believe foods such as collard greens, black eyed peas, pork, and grapes bring good fortune and health. So eat up for a happy belly and a happy new year!



### Questions or Comments?

Crystal Bird, Director of Dining Services

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**SFE** This institution is an equal opportunity provider.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

|   |  |   |  |  |
|---|--|---|--|--|
| 1   | 2  | 3   | 4<br><b>Breakfast</b><br>Biscuit, Sausage & Gravy<br><b>Lunch</b><br>Pepperoni Pizza<br>Cheese Pizza<br>Grilled Chicken Salad Stuffed Tomato<br>Boiled Carrots | 5<br><b>Breakfast</b><br>Sausage & Cheese Pizza<br><b>Lunch</b><br>Country Fried Steak<br>Chicken Nuggets<br>Buffalo Ranch Chicken Salad<br>Seasoned Mashed Potatoes           |
| 8<br><b>Breakfast</b><br>Sausage Biscuit<br><b>Lunch</b><br>Chicken Pesto Penne<br>Corn Dog<br>Chef Salad<br>Cooked Carrots   | 9<br><b>Breakfast</b><br>Mini Waffle<br><b>Lunch</b><br>Chicken Flautas<br>Popcorn Chicken<br>Turkey Sandwich<br>Peppered Corn   | 10<br><b>Breakfast</b><br>Breakfast on a Stick<br><b>Lunch</b><br>Breaded Chicken Sandwich<br>Classic Cheese Pizza<br>Yogurt & Fresh Fruit Plate<br>Hash Brown Stick                        | 11<br><b>Breakfast</b><br>Very Berry Yogurt Parfait<br><b>Lunch</b><br>Meatball Sub<br>Spaghetti w/ Meatballs<br>Sun Butter & Jelly Sandwich<br>Green Beans    | 12<br><i>Student Holiday</i>   |
| 15<br><b>Breakfast</b><br>Sausage & Egg Taco<br><b>Lunch</b><br>Beef Teriyaki Dippers w/ Season Brown Rice<br>Chicken Parmesan<br>Tuna Salad on Croissant<br>Steamed Broccoli | 16<br><b>Breakfast</b><br>Cinnamon Roll w/ Icing<br><b>Lunch</b><br>Mini Chicken Corndogs<br>Meatballs & Noodles w/ Roll<br>Yogurt & Fresh Fruit Plate<br>Cooked Carrots | 17<br><b>Breakfast</b><br>Blueberry Pancake<br><b>Lunch</b><br>Chicken Tenders<br>Beef Ravioli w/ Roll<br>Chicken Caesar Salad w/ Season<br>Peppered Corn                                   | 18<br><b>Breakfast</b><br>Biscuit, Sausage, & Gravy<br><b>Lunch</b><br>Bacon Cheeseburger<br>Pepperoni Pizza<br>Turkey Sandwich<br>Tater Tots                  | 19<br><i>Student Holiday</i>   |
| 22<br><b>Breakfast</b><br>Sausage & Cheese Bagel<br><b>Lunch</b><br>Green Mozzarella Chicken<br>Enchiladas<br>Cheesy Nachos<br>Harvest Salad<br>Charro Beans                  | 23<br><b>Breakfast</b><br>Chicken Biscuit<br><b>Lunch</b><br>Salisbury Steak w/ Roll<br>Golden Chicken Nuggets<br>Fresh Ham & Cheese Sub<br>Mashed Potatoes              | 24<br><b>Breakfast</b><br>Blueberry Loaf<br><b>Lunch</b><br>Baked Vegetable Rotini<br>Mozzarella Stuffed Pizza<br>Sticks w/ Marinara Sauce<br>Crispy Chicken Ranch Wrap<br>Steamed Broccoli | 25<br><b>Breakfast</b><br>Denver Scrambled Eggs w/ Toast<br><b>Lunch</b><br>Zesty Orange Chicken w/ Brown Rice<br>Meatball Sub<br>Roast Turkey Sandwich        | 26<br><b>Breakfast</b><br>Mini Golden Blueberry Pancake<br><b>Lunch</b><br>Cheesy Beef Tacos<br>Teriyaki BBQ Beef Sliders<br>Chef Salad w/ Seasoned Croutons<br>Pepper Corn    |
| 29<br><b>Breakfast</b><br>Scrambled Eggs w/ Toast<br><b>Lunch</b><br>Meatballs & Noodles<br>BBQ Chicken Pizza<br>Harvest Chicken Salad<br>Cooked Carrots                      | 30<br><b>Breakfast</b><br>Cinnamon Roll w/ Icing<br><b>Lunch</b><br>Breaded Chicken Sandwich<br>Creamy Garlic Spaghetti<br>Yogurt & Fruit Plate<br>Pepper Corn           | 31<br><b>Breakfast</b><br>Sausage & Cheese Pizza<br><b>Lunch</b><br>Popcorn Chicken w/ Roll<br>Macaroni & Cheese<br>BBQ Chicken Salad<br>Spiced Green Beans                                 | Menu is subject to change.<br><i>Happy New Year</i>  | <i>Fresh Fruit Selection &amp; Reduced Sugar Cereals Available Daily at Breakfast</i><br> |

Breakfast Meal Price: Free to All Elementary Students Lunch Meal Price: Paid \$2.40 / Reduced \$0.40 Adult Meal Price: \$3.70