

SEPTEMBER

Elementary Menu

ANNOUNCEMENTS

Monthly Promotion

Grandparent's Lunch September 15
Invite your Grandparents to come have lunch with you.

Did you know?

All grains served in the café are whole grains! Whole grains are packed with fiber to keep you full & focused in the classroom!



SFE This institution is an equal opportunity provider.

Questions or Comments?

Crystal Bird, Director of Dining Services

Phone: 325-365-3588



Monday

Tuesday

Wednesday

Thursday

Friday

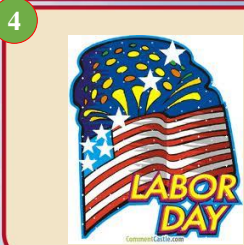
Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast



*Vegetarian Option (or vegetarian upon request)

1 Breakfast
Breakfast Banana Split

Lunch
Chicken Fried Steak
Chicken Nuggets
Buffalo Ranch Chicken Salad
Mashed Potatoes



5 Breakfast
Apple Cinnamon Muffin
Lunch
Chicken Flautas
Mozzarella Cheese Quesadilla
Oven Roast Turkey Sandwich
Pepper Corn

6 Breakfast
Breakfast on a Stick

Lunch
Popcorn Chicken w/ Roll
Juicy Turkey Hot Dogs
Vanilla Yogurt & Fresh Fruit
Green Peas

7 Breakfast
Peanut and Jelly Graham Snackers
Lunch
Breaded Beef Fingers w/ Roll
Grilled Hamburger
SunButter & Jelly Sandwiches w/ Cheese Stick
Crispy Tater Tots

8 Breakfast
Scrambled Eggs w/Butter Toast
Lunch
Classic Pepperoni Pizza
Spaghetti w/Meaty Sauce
Grilled Garden Veggie Wrap
Steamed Broccoli

11 Breakfast
Egg & Sausage Egg Breakfast
Burritos
Lunch
Grilled Chicken Sandwich
Beef Dippers w/ Rice
Tuna Fish Sandwich
Steamed Broccoli

12 Breakfast
Cinnamon Roll w/ Icing
Lunch
Crispy Corn Dog
Classic Alfredo
Grilled Chicken Salad Stuffed
Tomato
Cooked Carrots

13 Breakfast
Mini Golden Blueberry Pancakes
Lunch
Chicken Nuggets
Cheese Pizza
Chicken Caesar Salad
Pepper Corn

14 Breakfast
Breakfast Sausage & Gravy Pizza
Lunch
Bean & Cheese Burrito
Cheesy Tuna Melt
Tangy BBQ Chicken Wrap
Sweet Potatoes Tater Tots

15 Breakfast
Scrambled Eggs w/Biscuit
Lunch
Chicken Fried Steak
Sausage Pizza
Loaded Vegetable Sub
Mashed Potatoes

18 Breakfast
Breakfast on a Stick
Lunch
Green Mozzarella Chicken
Enchiladas
Cheesy Nachos
Fresh Harvest Salad
Charro Beans

19 Breakfast
Chicken Biscuit Sandwich
Lunch
Salisbury Steak w/ Roll
Lemon Pepper Chicken w/ Roll
Tuna Fish Sandwich
Mashed Potatoes

20 Breakfast
Blueberry Loaf
Lunch
Tangy Teriyaki BBQ Beef Dipper Sliders
Crispy Corn Dog
Crispy Chicken Ranch Wrap
Pepper Corn

21 Breakfast
Cheesy Italiano w/ Butter Toast
Lunch
Mozzarella Stuffed Pizza Sticks w/ Marinara Sauce
Beef Ravioli w/ Roll
Chicken Salad Sandwich
Steamed Broccoli

22 Breakfast
Maple Mini Waffles
Lunch
Chicken Nuggets w/ Roll
Oven Baked Tater Tot Casserole w/ Biscuit
Spinach & Black Bean Wrap
Cooked Carrots

25 Breakfast
Scrambled Eggs w/ Buttery Toast
Lunch
Savory Meatballs & Noodles
Crispy BBQ Pizza
Harvest Chicken Salad
Cooked Carrots

26 Breakfast
Cinnamon Roll w/ Icing
Lunch
Homemade Pig in Blanket
Mozzarella Cheese Quesadilla
SunButter & Jelly Sandwich w/ Cheese Stick
Golden Corn

27 Breakfast
Breakfast Sausage & Cheese Pizza
Lunch
Sloppy Joe Sandwich
Popcorn Chicken w/ Roll
Tuna Salad Wrap
Spiced Green Beans

28 Breakfast
Egg & Sausage Burrito
Lunch
Coney Dog
Grilled Hamburger
Chicken Caesar Salad w/ Roll
Crispy Baked Tater Tots

29 Breakfast
French Toast Sticks & Sausage
Lunch
Beef Nachos
Cheesy Nachos
Oven Roasted Turkey Sandwich
Refried Beans